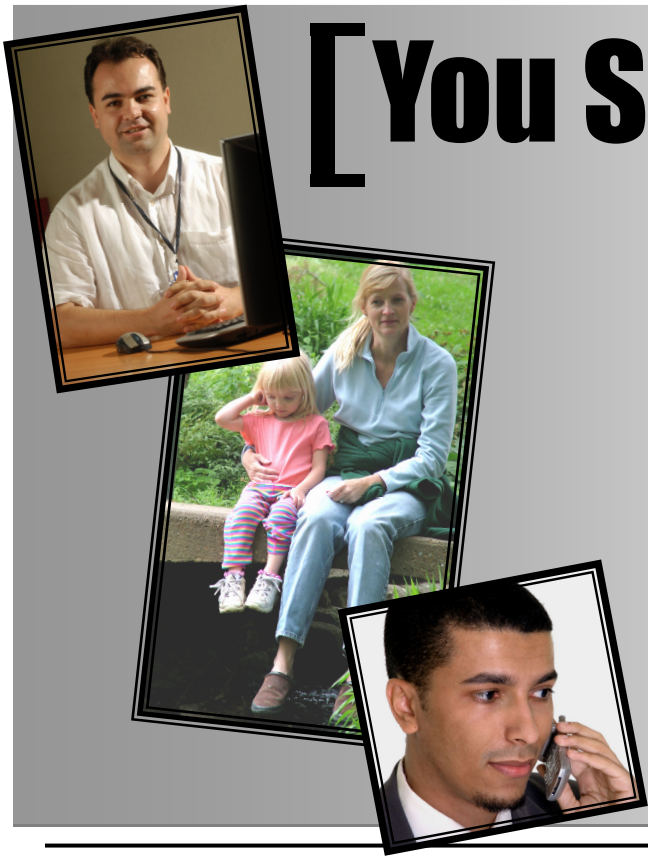


[You Should Know...]



If you're going through hard times and feeling stressed, there are resources available to you. As a tax payer, you have contributed to funding support services that are designed to provide help to those experiencing hard times. Even if you have never received services before, or if you think you may not meet the eligibility requirements, we encourage you to seek support. In stressful times, it is more important than ever to take care of yourself and utilize the resources available to you.

- ◆ **Unemployment Security Commission:** [251-6200] 48 Grove St <http://www.ncesc.com/>
File and manage Unemployment Claims, Search Job Openings, Listing of Employers' Websites, Foreclosure Prevention Assistance.
- ◆ **Buncombe County DSS:** [250-5500] 40 Coxe Ave <http://www.buncombecounty.org/governing/depts/dss/>
Food Assistance, Medicaid/Health Choice, Work First, Cash Assistance, Child Day Care Assistance.
- ◆ **Call 2-1-1 –** <http://www.211wnc.org/>
A Free, 24-hour phone number for access to a complete directory of Community Services.
- ◆ **Eblen Charities:** [255-3066] Regent Park Blvd <http://www.eblencharities.org/www/index.asp>
General Family Crisis Assistance, Rent, Utilities, Food & Prescriptions and many other services.
- ◆ **On Track Financial Services:** [255-5166] 50 South French Broad Ave, Suite 227 <http://ontrackwnc.org/>
Financial Counseling.
- ◆ **ABCCM:** [259-5300] 30 Cumberland Ave <http://www.abccm.org/>
General Family Crisis Assistance, Emergency Shelters, Rent, Utilities, Prescriptions, Food, Clothing, Household Items and Transportation.
- ◆ **ABCCM Medical Clinic:** [259-5300] 30 Cumberland Ave <http://www.abccm.org/medical-center.html>
Acute, episodic medical care for the uninsured.
- ◆ **Pisgah Legal Services:** [252-8927] 89 Montford Ave <http://www.pisgahlegal.org/>
Provides legal assistance and advocacy to help low-income people in Western North Carolina meet their basic needs and improve their lives.
- ◆ **Salvation Army:** [253-4723] 204 Haywood St
General Family Crisis Assistance, Rent, Medication, Shelter, Fuel and Transportation.
- ◆ **Hearts with Hands:** [667-1912] 951 Sand Hill Road <http://www.heartswithhands.org/>
General Family Crisis Assistance

- ◆ **Three Streams Family Health Center:** [285-9725] 1710 Old Haywood Rd <http://threestreamshealth.org/>
Primary Health Care for the uninsured.
- ◆ **All Souls Counseling:** [259-3369] 23 Orange St <http://www.allsouls counseling.com/>
Counseling services for underinsured and uninsured children, adults, and families.
- ◆ **Western North Carolina Community Health Services:** [285-0622] 10 Ridge Lawn Rd
<http://www.wncchs.org>
Primary Care Services for the uninsured.
- ◆ **Asheville Housing Authority:** [251-5054] 135 Cherry St <http://www.haca.org/>
Affordable rental housing.
- ◆ **Socialserve.com** – <http://www.socialserve.com/>
Listings of affordable rental housing.
- ◆ **Self Help Credit Union:** [253-5251] 34 Wall St <http://www.self-help.org/>
Self-Help makes competitive loans to minorities, women, rural residents, low-income families and others who cannot find traditional financing elsewhere.
- ◆ **Goodwill Industries of Northwest North Carolina:** [298-9023] Workforce Development Center
<http://www.goodwillnwc.org/index.cfm>
Skills training classes offered in partnership with Asheville-Buncombe Technical Community College. Additional services include career planning and preparation, job readiness and job placement.
- ◆ **Mountain Area Job Link - Buncombe County:** [250-4761]
<http://www.buncombecounty.org/governing/depts/JobLink/>
JobLink Career Centers provide access to a variety of employment and training services, programs, and referrals. These services are provided through the Mountain Area Workforce Development Board and are available at no charge.
- ◆ **Swannanoa Valley Christian Ministry:** [669-9404] 101 N. Ridgeway Ave. Black Mtn. NC 28711
<http://www.svcministry.org/>
General Family Crisis Assistance for residents of Black Mountain.
- ◆ **Swannanoa Community Council:** [686-4417]
General Family Crisis Assistance for residents of Swannanoa.
- ◆ **Buncombe County Health Department:** [250-5000] 35 Woodfin St
<http://www.buncombecounty.org/governing/depts/Health/default.asp>
Adult and Child Primary Care, Community Health, Environmental Health, Dental Health, Disease Control. Services provided on a sliding fee basis for as little as \$3 per visit.

You Should Know.... Hard times can happen to any one of us. We understand that seeking support can be difficult, but not as difficult as trying to make ends meet on your own. We realize it could very well be one of us or one of our family members in your situation. These support services are there to provide help and assistance to all of those who are in need within our community.

